

Carr Center Adult Day Lunch Menu February 2024

Mon	Tue	Wed	Thu	Fri
			1 Chili with Beans Grilled Cheese Sandwich Salad Fruit	2 Garlic Parmesan Flounder Red Beans and Rice Zucchini Red Pepper Medley Salad Fruit
5 Chopped Steak Mushroom Gravy Red Skin Mashed Potatoes Veggie Blend Whole Wheat Dinner Roll Fruit	6 Lightly Breaded Fish Macaroni & Cheese Creamy Cole Slaw Fruit	7 Beef Pepper Steak Seasoned Rice Green Beans Fruit	8 Chicago Dog Potato Wedges Marinated Cucumbers & Tomatoes Fruit	9 Pepperoni Pizza Salad Buttered Breadstick Fruit
12 Polish Sausage Potato Dumplings Sauteed cabbage Carrots Fruit	13 Baked Glazed Ham Baked Sweet Potato Green Beans Fruit	14 Roast Turkey Au Gratin Potatoes Zucchini Red Pepper Medley Fruit	15 County Fried Steak White Gravy Mashed Potatoes Steamed Sweet Corn Whole Wheat Dinner Roll Fruit	16 Beer Battered Cod French Fries Broccoli Slaw Salad Fruit
19 Baked Glazed Ham Cheddar Hashbrown Casserole Roasted Carrots Salad Fruit	20 Caprese Chicken Smashed Red Potatoes Roasted Brussel Sprouts Salad Fruit	21 Chicken Tetrazzini Salad Buttered Breadstick Fruit	22 Salisbury Steak Mushroom Gravy Red Roasted Potatoes Roasted Brussel Sprouts Fruit	23 Pork Burger Cucumber Salad Salad Fruit
26 Tender Beef & Noodles Steamed Sweet Corn Salad Fruit	27 Prime Rib au Jus Baked Potato Broccoli Salad Fruit	28 Smoked Sausage Mashed Potatoes Sauerkraut Green Peas Salad Fruit	29 Local Pizzeria Pizza Salad Fruit	